

# 2018/2019 Holistic Healing & Yoga Retreat Agreement & Waiver

4pm October, 24<sup>th</sup> 2018 – 9am October 30th, 2018

4pm April, 24<sup>th</sup> 2019 – 9am April 30th, 2019

On this date, \_\_\_\_\_, **Healing & Yoga LLC dba Holistic Healing & Yoga** and \_\_\_\_\_ enter into the following agreement:

(Retreat participant's full name)

I, \_\_\_\_\_ plan to arrive at Witsieshoek Mountain Lodge (nearest airport Johannesburg International Airport, South Africa (JNB) on 10/24/2018 and depart on 10/30/2018 for a total of six nights stay; 4 nights at Witsieshoek Mountain Lodge, Drakensburg, South Africa and 2 nights cave camping, for the \_\_\_\_\_ (2018 or 2019) Holistic Healing & Yoga Retreat with Kyung Yi-O'Kelly, the owner of Healing & Yoga LLC and the group leader for the retreat. The flight detail is to be forwarded to Kyung by not later than 9/24/2018.

I understand that participation in this event is strictly voluntary and involves physical activities including hiking in adventurous condition. I understand that physical activity poses some risk of physical injury and that I may want to consult with my physician before participation. I understand that participation in this activity should be according to my physical condition. I hereby voluntarily assume all risk of injury during my participation and expressly and forever release and discharge Holistic Healing & Yoga and its associates, instructors, and agents from all claims, demands, and damages resulting from my participation.

Please see the below rates list indicating which rooms are available for you for the retreat.

## 2018 Holistic Healing & Yoga Retreat at Witsieshoek Mountain Lodge, Drakensburg, South Africa

Room & Occupancy Type	DBL per person sharing	SGL per person
Hiker's Cabin w/common ablution	\$1195	\$1245
Standard Bungalow w/en-suite shower	\$1295	\$1395
Large Bungalow w/en-suite shower	\$1330	\$1445
Chalets w/en-suite shower	\$1365	\$1495

- A minimum of 40% Deposit required to reserve the space and the remaining balance must be paid before 9/24/2018 in one or two payments (2.5% interest added) for 2018 Retreat.
- For 2019 Retreat rate, \$50 must be added to the 2018 Retreat rate and the remaining balance may be paid in 6 monthly payments (5% interest added) to be made before 3/24/2019.

These rates include:

- 6 nights accommodation (4 nights at Witsieshoek Mountain lodge and 2 nights of camping in Cave)
- 2-nights & 3-days of Hiking Adventure in the Champaign Castle Peak Summit area of Drakensburg mountains, lead and hosted by Umphafa Berg Tours
- 3 daily delicious meals, buffet style at Witsieshoek mountain lodge and traditional style while camping, with vegetarian and non-vegetarian options
- 6 Holistic Yoga/Taichi & meditation sessions (2 hr daily) to heal the mind, body and spirit and restore your wholeness
- Daily hikes/walks around Witsieshoek Mountain Lodge area
- Round-trip airport transfers to/from JNB airport (4 hours one way)
- Round-trip shuttle service to/from Witsieshoek Mountain Lodge for the 2-nights & 3-day Hiking Adventure (2.5 hours one way)

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## GROUP HOLISTIC YOGA & MEDITATION RETREAT PROGRAM

Two hour Daily Holistic Yoga & Healing Meditations sessions are to be held at 6:30am-8:30am Thu-Mon.

The opening session on Wednesday will begin at 4pm.

## RETREAT RESERVATION TERMS

- A 40% **non-refundable** deposit of \$ \_\_\_\_\_, accompanies this agreement to hold the the chosen room & occupancy type: \_\_\_\_\_
- The remaining balance of \$ \_\_\_\_\_ is due and payable 30 days prior to your arrival date, i.e. before **9/24/2018 for 2018 Retreat** and on **3/24/2019 for 2019 Retreat**

## CANCELLATION POLICY

If you choose to cancel your retreat, all monies that we have received will be non-refundable.

Exceptions are for a death in the family or medical necessity. Holistic Healing & Yoga reserves the right to cancel retreats at any time if there is concern with lack of reservations and will refund 100% deposit money if it elects to do so.

NB \*\*\* It is recommended not to book any flights until we have confirmed that we have the minimum number of participants needed for the 2018 Retreat by end August, 2018 and for the 2019 Retreat by end September 2018. All payments are due by 9/24/2018. In the event that we do not have sufficient number of participants signed up by 8/31/2018 for 2018 Retreat (or 9/20/2018 for 2019 Retreat) all deposits and payments made will be refunded in full by September 10th, 2018 for 2018 Retreat (or October 10<sup>th</sup>, 2018 for 2019 Retreat).

## PAYMENT INFORMATION

Name on the card: \_\_\_\_\_

Credit Card Type: VISA , MASTERCARD or AMEX Card

Number \_\_\_\_\_ Exp Date \_\_\_\_\_ SVC# \_\_\_\_\_

Billing Address:

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Alt Phone: \_\_\_\_\_

Signature by the card holder: \_\_\_\_\_ Date: \_\_\_\_\_  
(if different from the applicant)

Signature by the applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature by the owner of Healing & Yoga LLC: \_\_\_\_\_ Date: \_\_\_\_\_

Kyung S. Yi-O'Kelly: